



Cavalier Cupboard Needed Food List

It is our mission to meet the immediate food needs of the Western students. We will accept any donations at this time; however, we are hoping to provide healthy and nutritional food items to our clients.

Protein Items

- Peanut Butter
- Cans or Packets of Tuna
- Cans or Packets Chicken
- Canned Stew/Soup
- Canned Chili
- Dry Soups
- Canned Spam

Fruits

- Fruit Cups
- Dried Fruits
- Fruit Juices
- Canned fruit

Vegetables

- Spaghetti Sauce
- Canned Vegetables

Starches/ Grains

- Rice
- Boxes of Cereal
- Pasta
- Oatmeal
- Bread
- Bisquick

Combination Foods

- Cream of...(canned soups)
- Macaroni and Cheese
- Instant Potatoes
- Boxed Meals

Fats and Oils

- Vegetable Oil
- Condiments

Sweets

- Jelly
- Pancake Syrup
- Trail Mix
- Snack Bars

Basic Necessities

- Soap
- Toilet Paper
- Shampoo/Conditioner
- Toothpaste
- Lotion
- Deodorant
- Feminine Hygiene
- Laundry Detergent/Dryer Sheets
- Disinfectant wipes
- Diapers/wipes